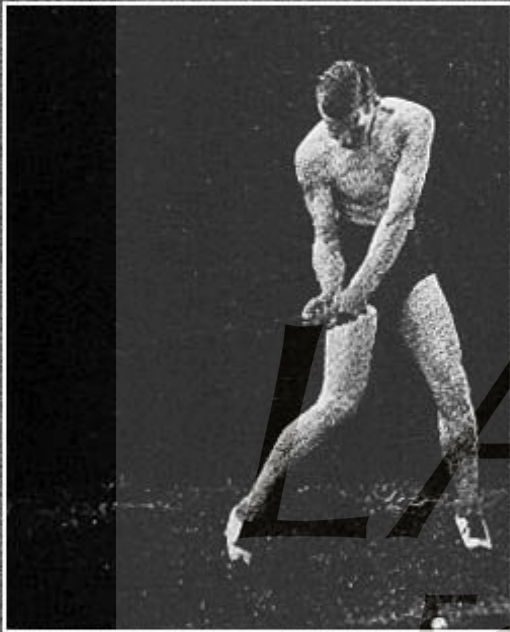
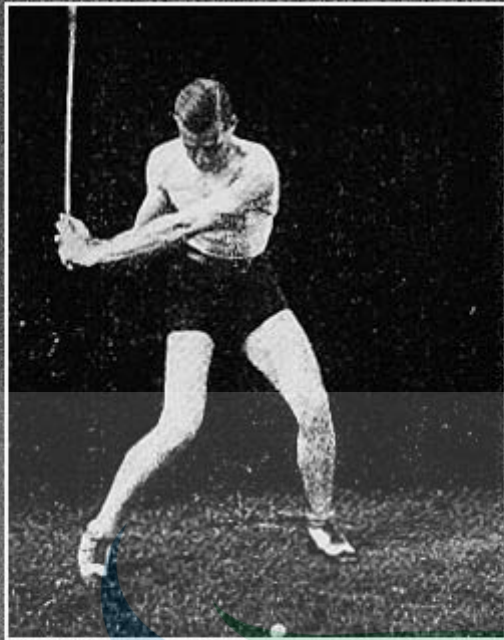


Uncovering the Muscles



On these two pages appear action photographs, running in sequence across the two, taken by Scientific Recreation, Inc., of Los Angeles, showing Harry Cooper playing a full stroke with a wooden club. Stripped down to his frunks, the action of certain muscles of the arms, body and legs may be studied closely as the club is swung. It is interesting to note, incidentally, that Cooper has never taken part to any considerable extent, in any other sport except golf

That Make the Golf Swing



Photos by Scientific Recreation Inc.

Observe, for one thing in the second picture at the top of the lefthand page that the contracted muscles of the left forearm show that arm is doing most of the work in taking the club back. Also, note in those pictures showing the down swing how the triceps muscle of the left arm is evidently causing that arm to pull through in the stroke. In other words the left arm is doing its part distinctly. Also observe in the pictures where the ball is about to be struck and just after it is struck, how the left leg is held stiff and steady to brace the body while the blow is being delivered.