

# STUDYING THE GRIP

CAPTIONS BY



Two of the most important things about the hands are the harmony with which they work and the freedom allowed by the grip in both wrists and forearms. In order to enjoy these things two essentials about the hands must be taken care of. One is to exert the main pressure in holding the club with the left little fingers and between the right forefinger and thumb. Pictures A and B show the points at which this main pressure should be exerted. The hold with the left little fingers should be tighter than that of the right.

When the hands grasp the club properly the freedom in both wrists and forearms allows the left wrist to act like a hinge between the left arm and the shaft. This hinge action is shown in pictures 1, 2, 3 and 4. Note the position of the left hand in relation to the left arm. In the wind-up the hand moves to the right of the arm. In the downswing it moves to the left until it passes the line between the arm and the shaft. This action gives the feeling of what has been called the snap of the wrists as the ball is hit.

IMPACT

# AND WRIST ACTION

ALEX J. MORRISON



It is essential to have the hands placed so that they are at the same angle to the shaft. Pictures C and D show the hands placed at the proper angle. This relative position is carried out by all good players. The best of them exert the main pressure with their left little fingers and their right thumbs and forefingers. Keeping the left hand turned over so that only the back of it can be seen helps to maintain this position. The hands must also be kept very close together. No grip can be practical without these two essentials.

Pictures 5, 6, 7 and 8 show how Gene Sarazen, Bobby Jones, Mac Smith and Tommy Armour keep their hands at the same angle to the club. Gene Sarazen uses the interlocking grip with the left thumb going around the shaft. Bobby Jones, Mar Smith and Tommy Armour use the overlapping grip with the left thumb against the side of the shaft. If you didn't know this the pictures might lead you to believe that all used the interlocking grip. Certainly the difference between the two grips is minimized.